OPINION | The achievement gap is a middle class issue

By Michael Diedrich, Minnesota 2020

A recent study (PDF) by Sean Reardon of Stanford University finds that the achievement gap between the upper and middle classes is bigger than the gap between the middle class and the working poor. This should give pause to those who dismiss education reform as something that affects other people. If you're middle class, you're on the losing side of the achievement gap.

Defining the achievement gap in terms of income is trickier than defining it in terms of race. The black-white achievement gap, for example, is relatively easy to determine: Determine proficiency rates for students classified as black and for students classified as white, then subtract. Income, however, exists on a spectrum, not in demographically discrete groups.

The most commonplace approach to describing the income achievement gap is to artificially define two discrete groups, the poor and the non-poor. This is relatively easy to approximate using student eligibility for free or reduced-price lunch as an indicator of poverty. While convenient, this approach hides the variation in achievement between different income levels above the free/reduced-price line.

Reardon's study gets past this by using data from twelve different tests that collected information about family income levels. He looked at the gaps between students in the 90th, 50th, and 10th percentiles, and found that the gap between the 90th and 50th percentiles was in fact larger than
the gap between the 50th and 10th percentiles. In other words, upper middle class children are outperforming “middle-middle class” children by a bigger margin than middle class children are outperforming the children of the working poor.

The reasons for this are complex and not well understood. The two most obvious places to look for explanation are parental education and school quality.

Parental education has long been the most significant predictor of a child's academic performance; the better educated the parent, the higher scoring the child. Because more education has become increasingly correlated with higher income, children from higher income families likely have better educated parents. Reardon ran two separate analyses to investigate this.

In the first, he looked at parental education after controlling for income. He found that parental education continues to be the biggest predictor of high test scores.

In his second analysis, he looked at income after controlling for parental education. This time, he found that family income, regardless of parental education, has increased in its significance as a predictor of high test scores, to the point where income is now nearly as important as parental education. As Reardon puts it, “a dollar of income (or factors correlated with income) appears to buy more academic achievement than it did several decades ago.”

As far as school quality goes, Reardon found that the income achievement gap did not change as children aged. The schools of the middle class and the poor were not able to get their students any closer to the children of the 90th percentile, but neither were the 90th percentile's schools widening their children's lead. Indeed, the gap in kindergarten was the same size as the gap in twelfth grade.

This bolsters the case for an increased focus on early childhood care and education. If the gaps between our children don't change much after they enter school, we should try to close the gaps as much as possible before they walk in the doors.

In Minnesota, we can focus on learning from the highest quality programs (thank you again, Governor Dayton, for establishing an early childhood quality ranking system!) and investing more in the expansion of their best practices. We have some excellent programs in this state, and we need to make sure the children of the middle class and the working poor can access them.

We should also take a more serious look at very early childhood, the time between birth and age three or so. Many of the steps new parents take, from nutrition to verbal interaction, have a significant impact on their children's cognitive development. Indeed, one of the areas Reardon identifies as a possible-to-probable cause of the income achievement gap is the investment made by higher income families in their children's earliest cognitive development. By making similar knowledge and resources more easily available and aggressively recruiting new parents for supportive coaching, we have an opportunity to nip the achievement gap in the bud.
It's easy to write off the achievement gap as simply a problem for minorities or the poor. That mindset, however, ignores the reality that we are all affected by the achievement gap. It's time we all pushed to close it.

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