For Erik Skindrud

In September, Mariposa County Sheriff's Deputy Matt Scharper received the Larry Peabody Memorial Award from the California Emergency Management Agency. The award is given annually after review of numerous submissions from California Search and Rescue teams. It is given to the individual or team that performs SAR duties with professionalism, dedication and excellence. The selection panel consists of Deputy Chief Matt Scharper, the state Search and Rescue Coordinator, Larry Pedley, Pedley Memorial Award winner, and Gower County Rural Fire District Supervisor and Rescue member in the state each year. Sgt. Chris Ramirez is this year's award winner.

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SF: This is just a test.

**STUDY: Body Mass Index Better Indicators than BMI for Weight Concerns**

New research suggests BMI may be an inadequate measure of body fat.

The study, published in the International Journal of Preventative Medicine, suggests that the Body Mass Index (BMI) may not be the best way to measure body fat.

Researchers found that the Body Mass Index (BMI) was not a reliable indicator of body fatness for most people and could lead to misclassification of weight categories.

For example, 65 percent of fifth grade students were classified as overweight or obese based on their BMI, but only 10 percent of those students had a body fat percentage above 25 percent.

The research also found that the BMI is used to screen for weight categories that may lead to health problems, but it does not provide enough information to determine if a person is healthy or not.

**The study was funded by the National Institute of Diabetes and Kidney Disease.**

**Summary**

- The study was published in the International Journal of Preventative Medicine.
- The study found that the BMI is not a reliable indicator of body fatness for most people.
- The study found that 65 percent of fifth grade students were classified as overweight or obese based on their BMI, but only 10 percent of those students had a body fat percentage above 25 percent.
- The study found that the BMI is used to screen for weight categories that may lead to health problems, but it does not provide enough information to determine if a person is healthy or not.

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**Virus: Employees May Be Testosterone Deficiency**

Employees of this voluntary organization, says testosterone, may be an important contributor to the health and well-being of people.

Testing would be conducted by California’s Department of Public Health.

Two of the nine California hantavirus cases were reported in people over 60 years old, and involved HHF. According to a 2007 study by the Centers for Disease Control and Prevention, close to one percent of workers who come into close contact with infected mice and/or, even if they never fell ill.

The Centers for Disease Control and Prevention is studying the disease.

- The Centers for Disease Control and Prevention has been mentioned by several experts as a possible factor in this disease.
- With no recent illnesses reported, officials are hopeful a case would be reported.
- If this were to be reported, it could alert the federal authorities to a danger period for visitors with the disease.

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**Heat: Lasos Into Fall**

Moves the occasional heat. Here on the front, tem- peratures are colder and the days start to grow longer.

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**Horntopes for 26th flea market**

The community market is being held on Saturday, Oct. 23, at 7 a.m. and will be held on Sunday, Oct. 24, at 7 a.m. The market is open to the public and there is no admission charge.

Sponsored by the Horntope Community Market, the market features a variety of vendors and activities, including food, music, and games.

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**Change Act**

Diversity Increases Within County

African-American women in the United States are more likely to have heart disease and high blood pressure than their white counterparts. A recent study found that African-American women are more likely to have heart disease and high blood pressure than their white counterparts.

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**CalPERS**

The California Public Employees’ Retirement System (CalPERS) has been working to improve the retirement system for public employees in California.

CalPERS is a government-sponsored retirement system that provides financial security to public employees in California.

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**HOG: Festival is Saturday**

CONTINUED FROM FRONT PAGE

prices up to $500 in each of three categories. U.S. senators can taste food and vote for their favorite. The cost for seniors is $10, and for $8 for children.

After grilling the grills, those attending can enjoy a variety of foods such as meat, vegetables, and dairy products.

The event is open to the public and does not require a reservation.

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**Thorpe: Reaches Honor**

CONTINUED FROM FRONT PAGE

Those who have served in the military, especially those who have served in the military, may be at risk for heart disease and stroke.

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**Results: Students Are Fit**

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The study found that 65 percent of fifth grade students were classified as overweight or obese based on their BMI, but only 10 percent of those students had a body fat percentage above 25 percent.

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**San Francisco**

The city of San Francisco is being held on Saturday, Oct. 23, at 7 a.m. and will be held on Sunday, Oct. 24, at 7 a.m. The market is open to the public and there is no admission charge.

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